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THE DRAW

Regenerative treatment news for practices | Issue 1 | October 2026

Hair Rejuvenation Using PRP: Taking a Closer Look at What the Research Reports

Hair rejuvenation using PRP made ISHRS's list of the three most commonly prescribed nonsurgical hair treatments of 2021, according to its member survey. Here's what the published research reports.



Representation. Illustrative image, not a real patient.

30–50%

ISHRS: available data suggests at least this share of patients may experience some benefit

42

studies (16 randomized, 26 observational) in women with female pattern hair loss (Zhou et al., 2021)

27.55

mean difference in hairs per cm2 versus placebo; low-quality evidence (Kieling et al., 2024)

WHERE IT STANDS TODAY

ISHRS's member survey lists PRP alongside oral finasteride and topical minoxidil as the three most commonly prescribed nonsurgical hair treatments of 2021. As ISHRS notes, PRP for hair is an off-label use: no data has been submitted to the FDA sufficient to grant clearance for this indication. PRP is not an FDA-approved hair therapy.

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WHAT THE RESEARCH REPORTS	TYPE	WHO WAS STUDIED	WHAT WAS REPORTED
ISHRS patient page on PRP	Society guidance	People with hair loss	At least 30–50% may experience some benefit; lack of standardization in blood collection, preparation and administration
Kieling et al., 2024, Anais Brasileiros de Dermatologia	Meta-analysis	Androgenetic alopecia	Mean difference of 27.55 hairs per cm2 versus placebo (95% CI 14.04–41.06); the authors wrote the findings suggest PRP increases hair density, rated the evidence low quality, and recommended further high-quality trials
Zhou et al., 2021, Frontiers in Pharmacology	Systematic review and meta-analysis, 42 studies	Women with female pattern hair loss	Positive efficacy for hair density versus controls; large-scale randomized trials needed to confirm
Georgiadis, Phillips, Mott, 2022, American Family Physician	Clinical summary (AFP)	Men with androgenic alopecia	Strength of Recommendation A that PRP injections increase hair density more than usual treatment in men with androgenic alopecia

READ THE SOURCES YOURSELF

- ISHRS, Platelet-Rich Plasma: ishrs.org/patients/treatments-for-hair-loss/medications/platelet-rich-plasma
- ISHRS 2022 Practice Census: ishrs.org/ishrs-2022-practice-census-results
- Kieling et al., Anais Brasileiros de Dermatologia, 2024: pmc.ncbi.nlm.nih.gov/articles/PMC11551241
- Zhou et al., Frontiers in Pharmacology, 2021: pmc.ncbi.nlm.nih.gov/articles/PMC8204330
- Georgiadis, Phillips, Mott, American Family Physician 2022;105(1):84-85: aafp.org/pubs/afp/issues/2022/0100/p84.html



Representation. Illustrative image, not a real patient.

Curious about regenerative treatments for your practice? Visit prp-amped.com or reply to this email and a sales professional will get back to you.



Representation. Hydra Needle gold-plated needle stamp, 0.6, 1.0 and 1.5 mm depths. Kits from Integrity PRP, factory direct, no minimum order.

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